

T W O   T H O U S A N D   N I N E

# COMMUNITY IMPACT REPORT

IT'S ALL  
ABOUT LIFE



**FOUR A's**  
ALASKAN AIDS ASSISTANCE ASSOCIATION



A L A S K A N A I D S . O R G

# INTRODUCTION

“This data will help us to grow and continue to be a resource to our community.”

The Four A's began a journey of self-reflection in 2008. As we approach our 25th anniversary, we have begun to question if our work has a lasting and systemic impact; if we did not exist, would there be a gap in services?

Every year, we know we provide direct services to approximately 250 individuals/families living with HIV/AIDS and reach tens of thousands through our community outreach programs. But we do not know if all of our efforts and dedication of resources result in achieving our mission to eliminate new infections and HIV stigma and provide a continuum of care to those living with the disease. To answer this question, we need to go beyond just general statistics and examine how well we provide services and determine if anyone is better off because of our services.

Out of hundreds of possible outcomes, the Four A's team selected key ones that reflect the core focus of the agency's mission and provide the strongest feedback regarding the level of impact we are having in Alaska. This Community Impact Report shares these outcomes and explains the data that accompanies them. The story the data tells is staggering. We learned that over 80% of clients report improvement in quality of life after accessing Four A's services; nearly 90% of participants in HIV 411 classes find the class beneficial; donors who gave 2-years prior has increased from 54% in 2003 to 75% in 2009; staff turnover rate dropped from 35% to 8%; and we doubled the number of individuals who get an HIV test that are also participants in the syringe exchange program.

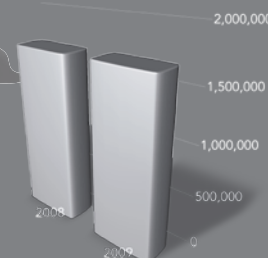
As we progress through our self-reflection and obtain answers to our questions, we have begun to transform our services. Although the majority of data shows the Four A's is utilizing their resources in a manner that provides services resulting in a lasting and systemic way, we are discovering new ways to grow stronger and more effective services. Over the next few years, this data will help us to grow and continue to be a resource to our community. Thank you to our staff, Board of Directors, donors, volunteers and community partners for all your efforts and continued support.



*Trevor Storrs, Executive Director &  
Nathalie Martin, Board President*

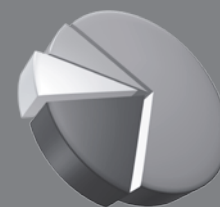
## REVENUE COMPARISON

FY09 ..... \$1,685,700  
FY08 ..... \$1,678,846



## FISCAL YEAR 2009 – EXPENSES

Client Resources ..... 70%  
Education & Prevention ..... 16%  
Management & General ..... 7%  
Fundraising ..... 7%



## REVENUE SOURCES

	2008	2009
Grants	\$1,179,082	\$1,138,666
Earned Income	\$214,130	\$290,378
Direct Giving	\$259,587	\$236,577
In-kind	\$26,047	\$20,079
<b>Total</b>	<b>\$1,678,846</b>	<b>\$1,685,700</b>

A handwritten signature of Trevor Storrs.

Trevor Storrs  
Executive Director

A handwritten signature of Nathalie Martin.

Nathalie Martin  
Board President

## MISSION:

To be a key collaborator within the state of Alaska in the provision of supportive services to persons living with HIV/AIDS, and their families and in the elimination of the transmission of HIV infection and its stigma.



# CLIENT RESOURCES

Matt walked into the Four A's  
without a roof over his head...

The Four A's strives to provide core services to individuals and families living with HIV/AIDS so their overall quality of life improves. One of the core services is access to a medical provider. Nearly 80% of our clients meet CDC's minimum requirement of accessing a medical provider at least twice a year. An individual who is assessing medical services on a consistent basis has a greater chance of increasing life longevity, decreasing their viral load, and being more consistent with other aspects of their life (i.e. employment, medication adherence).

Over the last year, the Four A's has continued to implement the Housing First Model (HFM). HFM is housing with no strings attached; accept the individual/family where they are at in life. With this approach, we have increased the number of clients permanently housed to 62% and of these, 98% remain in housing for a minimum of 6 months (HUD standard). These same clients have experienced a reduction in their interaction with law enforcement, ER visits, and strain on the overall social service system. These services have a direct impact on the overall quality of life for clients. Our annual client survey asked clients to rate on a scale of 1 to 10 (highest) how much they felt that the Four A's has improved their quality of life. Over 80% of the clients rated the positive impact at 8 or higher.

Over the next year, we will continue to collect data and use it to guide our services to ensure we achieve lasting and systemic impact in our community.

79%

*of Four A's Clients saw their medical provider twice in the past year*

83%

*of Four A's Clients report an increase in their quality of life*

54%

*of Four A's Clients have safe sex discussions with their partners*

## CLIENT DEMOGRAPHICS

### GENDER

Male ..... 72%  
Female ..... 27%  
Transgender ..... 1%

### SEXUAL ORIENTATION

Heterosexual ..... 51%  
Homosexual ..... 40%  
Bisexual ..... 9%

### AGE

0-19 ..... 1%  
20-29 ..... 7%  
30-39 ..... 24%  
40-49 ..... 42%  
50 + ..... 26%

### ETHNICITY

White/Non-Hispanic ..... 46%  
American Indian/  
Alaska Native ..... 25%  
African American ..... 12%  
Hispanic ..... 11%  
Asian ..... 3%  
Mixed Ethnicity ..... 3%

### PERCENTAGE OF PREVIOUSLY HOMELESS CLIENTS IN STILL PERMANENT HOUSING AFTER SIX MONTHS



...he walked out  
with a home.



# PREVENTION

David came to Four A's  
feeling powerless...



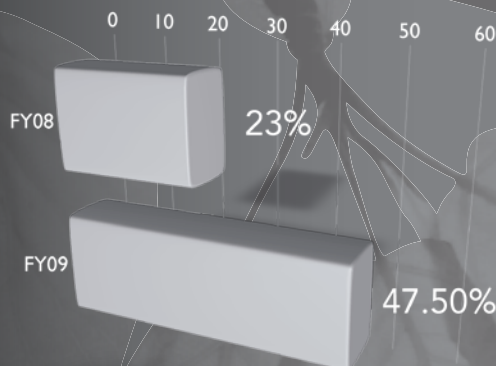
89%

*of HIV 411 participants report an increase  
in their knowledge*

100%

*of surveyed individuals felt supported during  
the HIV Testing process*

## PERCENTAGE OF ASE CLIENTS WHO HAVE RECEIVED AN HIV TEST



What often brings an individual to the Four A's to receive HIV prevention information is a feeling of powerlessness. The education and information the agency provides to support individuals in the community is the first step in empowering them. Whether it's someone coming to the office for a free HIV test, visiting the Anchorage Syringe Exchange (ASE) to get needles, stopping by the Four A's booth at a community health fair, having a one on one conversation with a staff member out in the community, or attending an HIV 411 class, individuals walk away with power in the form of education and information.

The question we posed to ourselves is, "Do our prevention efforts make a difference"? The first graphic shows that over the past year, nearly 90% of HIV 411 participants found the class beneficial which means they will integrate the information they received into a risk reduction plan to reduce their risk. The graph below illustrates the amount of Anchorage Syringe Exchange clients who received an HIV test doubled from FY2008 to FY2009. Twenty-two percent of new HIV infections in Alaska can be attributed to injection drug use and regular HIV testing with this population will help keep them healthier and ultimately reduce the percentage of new infections in Alaska. In addition, during FY2009, 959 individuals received a free HIV test. Out of a cross section of individuals who were surveyed about their HIV testing experience with Four A's, 100% of them indicated they felt supported during the process. This translates into the information and education they received from their testing counselor, and will help in not only keeping themselves, but their loved ones and the entire community healthier.

Over the next year, the Four A's prevention programs will continue to collect more data that shows how HIV prevention and education empowers individuals to remain HIV negative, which in turn results in a reduced amount of new HIV infections each year and increases the power of the entire community to remain healthy.

...he left empowered with education  
and tools to remain HIV negative.





# DEVELOPMENT

## Sarah's first gift to Four A's was to support a cause...



Donors give to causes, people give to passions. Over the past six years, the amount of Four A's donors who give 2 or more years in a row has increased from 54% to 75%. That isn't just giving to a cause, that's giving to a passion. As a donor, you chose to first give to the Four A's because it was a cause that interested you, but it was the passion you developed for the impact the agency makes in your community that prompted you to give again. It goes both ways. The Four A's is able to make a difference in the lives of members of your community, both HIV positive and HIV negative, because of your gifts, because of your passion. Your support of the Four A's means that you are putting roofs over people's heads, you are providing anxious individuals with peace of mind about their HIV status, you are providing the tools people need to remain HIV negative, and you are making your community a better place to live.

### 2009 Volunteers of The Year



*Trevor Storrs, Four A's Executive Director; Conrad Amos; Derek Johnston; and Nathalie Martin, Four A's Board President.*

### 2009 Philanthropist of the Year



*Trevor Storrs, Four A's Executive Director; Shawn Bolam, Credit Union 1 Employee and Four A's Board Member; Janus Reyes, Credit Union 1 Employee and Four A's Board Member Rachel Runyan, Credit Union 1 Employee; and Karen Jenkins, Past Board Past President*

### THANK YOU TO OUR 2009 EVENING WITH FRIENDS HOSTS

Anna and Patrick Haylock  
Davin Holen and Cara O'Brien-Holen  
Karen and Paul Jenkins  
Walter John and Sharon Richards  
Corbett Mothe • Jean Paal, Ellen Packey  
and Ruby Ketola  
Preview Sun and Day Spa  
Chris Ruff and Peter Van Dyne  
Salon DaVinci  
Trevor Storrs, Jack Dalton  
and Steve Smith  
MJ Thim • Scott Turner

### THANK YOU TO OUR 2009 FRIDAY LUNCH SPONSORS

Anchorage Unitarian Universalist Fellowship  
Bear's Tooth • Scott Bailey • Color Art Printing  
Community Covenant Church • Melba Cooke  
Dianne's Restaurant • Angela Dunn  
Four A's Board of Directors • Four A's Staff  
Geneva Woods Pharmacy  
Greatland Infusion Pharmacy  
Imperial Court of All Alaska  
Derek Johnston and Conrad Amos  
Jake Lawrence • Midnight Sun Café  
New Sagaya • Rebecca Rogers • Hector Rodriguez  
Trevor Storrs



...her most recent gift came from  
her passion to improve the  
lives of those affected by HIV/AIDS.



# DONORS

*The Four A's thanks you for your generosity this past year...*

## **\$10,000 +**

Corbett Mothe  
Rasmuson Foundation  
Safety Net Assistance Grant  
United Way of Anchorage

## **\$5,000 - \$9,999**

Anonymous  
Broadway Cares  
D'zine Alaska  
Nordstrom

## **\$1,000 - \$4,999**

Alaska Community Foundation  
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Totem Ocean Trailer Express  
United Way of Southeast Alaska  
Andre Wahry  
Zonta Club of Anchorage

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Brett Worrall

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Alyeska Pipeline Service  
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*...your community thanks you for making Alaska a better place to live.*





FOUR A's  
ALASKAN AIDS ASSISTANCE ASSOCIATION

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Melba Cooke, Lead Case Manager  
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## CONTACT INFORMATION

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Statewide Helpline 1-800-478-AIDS (2437)

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174 South Franklin Street #207 (Physical)  
PO Box 21481 (Mailing) | Juneau, AK 99802  
1-888-660-2437 | aaaase@alaskanids.org

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