SUPPORT COMMUNITY EMPOWER PEOPLE PREVENT HIV



ABOUT LIFE





COMMUNITY IMPACT REPORT



You will see us tackle a lot in the coming year - thank you for being our partner.

A MESSAGE FROM the Executive Director & Board President

The Four A's community experienced a lot of change in 2022. We saw the rise of a new infection, mpox (previously referred to as monkeypox), watched COVID rates ebb and flow in our communities, and saw local issues like the availability of affordable housing continue to impact all of us.

We also saw some victories—Four A's will be opening our first satellite Harm Reduction office in the Mat-Su Valley in January of 2023. We will offer syringe access, HIV testing and counseling, and general harm reduction information and referrals. The organization also added an additional Case Manager to staff at our Anchorage office to ensure that we can offer the level of community-based case management that people living with HIV deserve.

There is a lot of work on the horizon in 2023. We've had PrEP (pre-exposure prophylaxis, a once-a-day pill that prevents acquiring HIV) since 2012, but access in Alaska is still difficult due to issues that include provider availability and knowledge, cost and insurance, and stigma. STI rates in Alaska continue to rise, especially syphilis, and we know that there are major barriers to testing and treatment across the state. We are committed to working on these issues and many more. We couldn't do it without you!

Robin Lutz
Executive Director

Hope McGratty

Board President

SYRINGE ACCESS



2,208
Total number of syringe exchanges

564,438
Total number of sterile syringes distributed statewide

438,448

Total number of syringes safely disposed of statewide

2,500
Narcan kits (overdose reversal) distributed

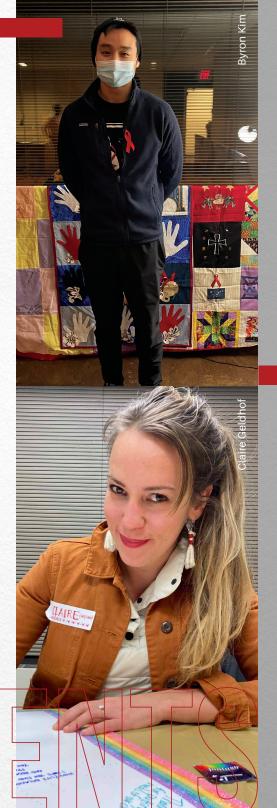
STATUS NEUTRAL SUPPORT

A young gay couple - one partner living with HIV and the other not - often meet with the client's case manager together. This has given us the opportunity to talk about the partner's testing schedule, their sexual risk and PrEP. Through these conversations, both men were supported in setting up primary care, applying for Medicaid, finding jobs and housing, and navigating an HIV diagnosis. With this status-neutral approach, this couple had the support of each other instead of the partner living with HIV bearing the weight of something that impacts them both.



HARM REDUCTION

One of our unsheltered clients was accepted into a transitional living program and came in to meet with his case manager. Now that his housing was more stable, he wanted to discuss stopping drinking. He was embarrassed to admit he was still consuming alcohol daily. Through a careful judgmentfree, harm reduction approach, the case manager stressed that quitting altogether was not the only option if he wasn't ready for that. He seemed to light up and was excited to tell the case manager that he DID stop drinking hard liquor and is only drinking beer. She met his excitement and celebrated the work he had done to improve his health. She affirmed it was ok to feel great about that decision and there was no pressure to move further toward sobriety until he chose to. She observed the client had made a plan for change themselves, implemented it and was feeling proud of that change. The client wound up leaving that meeting with a sense of accomplishment and self-confidence instead of feeling negatively about not being farther down a predetermined path to sobriety. He's more likely to feel better about himself overall which connects to more likely positive outcomes in health and housing. This experience really highlights the value of a harm reduction approach in all of our work at Four A's.



HIV SERVICES

35 new clients

this year

243

total clients this year 831

transportation vouchers Clients receiving housing support (including short/long-term housing costs)

68% of current clients are virally suppressed.

404

bus passes

161

food vouchers

390

food boxes

A NEW START

Four A's staff visited a new client who was extremely sick with an AIDSrelated diagnosis in January. He was newly diagnosed and very scared and alone. He just arrived in Alaska on a work visa and was isolated without family or friends in the country. He disclosed the trauma of his infection and hearing his diagnosis. He was terrified when he woke up a few months ago and couldn't breathe - he went to the ER and quickly became a client. Since then, he started ARV's thanks to ADAP and has gotten his viral load undetectable. During the visit, he said we're the only people he talks to,



and without the support he's gotten from Four A's, he didn't think he'd be alive. We shared a meal, talked about the challenges and opportunities of living while openly gay in a small SE town, and helped him find sturdy boxes to move into stable housing. He was so thankful for the visit, where he was able to open up more and strengthen his relationship to his case manager and ADAP staff.



FINANCE HIGHLIGHT

Four A's has seen a steady increase in the amount of funding it has requested and received to provide supportive services to clients living with HIV. Funding for our HIV CARE grant from the state Alaska has increased from \$584,754 in FY2017 to \$1,280,485 for the fiscal year that ended 6/30/2022. This means we are better able to serve our clients by providing them with support in the form of rental assistance, transportation vouchers, food boxes and a variety of other services. The most valuable service Four A's provides is time and attention from a team of dedicated Case Managers. Over the same period, we have seen our team grow from 4.5 full time Case Managers to 7.5 full time Case Managers, plus a full time ADAP Manager and a Case Management Supervisor.

FY22 EXPENSES TOTAL \$2,445,973

REVENUE SOURCES

F	Y20	FY21	FY22
Grants & Program Incomes	\$1,799,530	\$2,067,126	\$2,208,596
Contributions	\$73,498	\$119,891	\$128,490
Earned Income	\$9,323	\$9,453	\$24,322
Other	\$26,579	\$19,986	\$10,810
TOTAL	\$1,908,930	\$2,216,456	\$2,372,218



SAVING LIVES

Earlier this year we met one of our Four A's Syringe Access Program participants that utilizes our syringe program for his children. He disclosed that he is 75 years old and has 4 children, 3 of them who struggle with substance use. He picks up safe supplies and Narcan for his family because he loves them and feels like this is one way to ensure that they have safe supplies. He told our Four A's staff that he is so thankful for the program and reminded us that we are saving lives every day.

GROWTH

Four A's is expanding our Prevention programming in Mat-Su. We are opening a satellite office location in Wasilla. During the past year FASAP was able to serve 3 new sites: Covenant House, Centennial Campground, and Sullivan Arena.





FOUR A'S

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FOUR A'S SOUTHEAST

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ALASKANAIDS.ORG



Angela Dunn | Hispanic Case Manager
Ariane Kelsey | ADAP Manager
Ashley Hill | Case Manager
Byron Kim | HIV Prevention
Harm Reduction Specialist
Deidre Henry | Case Manager

Franci Viens ADAP Coordinator and RW Administrative Assistant

Jacob Hale | Director of Finance

James Hoagland | Director of Client

Resources & Southeast Programs

Joyce Mewborn | Receptionist
Katie Jacobs | SE Program Manager

Kimberlee Moss | Case Management Supervisor

Lynda Jimenez | Case Manager
Magan Barnett | Case Manager
Quianna Mainer | Office Manager
Robin Lutz | Executive Director

Tami Wagner-Loomis | Case Manager

Terri Coker Director of Operations and Development

Venus Woods | Director of Education and Outreach



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LOVE ALASKA

Thank you to everyone who Picked, Clicked, and Gave a portion of their PFDs to Four A's in 2022. Thanks to your generosity, Four A's received a total of \$5,068.50. When you file for your PFD in 2023, please consider donating through Pick. Click.Give. to the Alaskan AIDS Assistance Association.