

Southeast Campaign Update

Due to a reduction in grant funding, Four A's is no longer able to support HIV prevention services in Juneau. As we work to solicit grants from new funding agencies, please consider supporting this essential community program. Every donation will go toward making sure HIV prevention and harm reduction services continue in Juneau.

The Juneau-based HIV prevention program provides access to HIV prevention, education, and outreach services. This includes free HIV rapid testing, sterile syringes, the collection of used syringes, access to free Narcan kits, risk reduction counseling, HIV prevention and education outreach, and referrals to other resources in the Juneau community.



Please consider making a gift to support the continuation of HIV prevention services in Juneau. To do so, check out our Facebook page with a link to the campaign or designate your gift to Juneau Prevention.



Our Mission: To support and empower people living with or affected by HIV/AIDS and to work toward the elimination of HIV infection and its stigma in all Alaskan communities.

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To make a secure online donation, visit:
www.AlaskanAIDS.org

Statewide Helpline
1-800-478-2437



Proud to be an Agency Member of
the United Way of Anchorage &
a recipient of UW of Southeast dollars.

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Holiday Gifts

With the change of leaves and chill in the air staff start to dream of holiday festivities for clients.



At Four A's we aim to ensure that every client has a happy, healthy, holiday season. We like to provide gifts for our clients and their family members, many who don't have the means to buy gifts themselves. If you would like to make someone's holiday season a little extra special we are looking for:

- ◆ Warm coats
- ◆ Hats/Gloves/Socks
- ◆ Children's gifts
- ◆ Gift cards

Contact Four A's at (907)263-2046 or drop a gift at 1057 West Fireweed Lane, Suite 102.



It's All About Life

Fall 2018

Mission Moment

Originally diagnosed with HIV out-of-state, Peter came to Four A's in poor spirits and in dismal health. Peter worked diligently with his Case Manager to stay on a treatment plan and remain as healthy as possible. While Peter's health steadily improved, his housing situation was tumultuous at best. Pushed out by increasing rent prices or landlords selling apartments, Peter always seemed out of reach for stable housing. Constantly being moved caused him immense physical and emotional stress. Increasingly frustrated by the situation, Peter broke down and told his Case Manager how hard it was to be constantly moving while trying to keep up with his treatment plan. Peter and his Case Manager knew something needed to change.

Luckily for Peter, this past June Four A's expanded its housing opportunities list and his name was added. Peter was soon moved into an apartment where he will be able to live in for years to come. For Peter, knowing he was finally in stable housing was an enormous relief. "To have some stability means I can relax and spend some time taking care of me." After settling into his new place, Peter was able to pursue job opportunities. He found a medical assistant training program, graduated, and is now in an exciting career field which allows him to help others. Thanks to your support, clients like Peter can survive and thrive regardless of living with HIV.

"To have some stability means I can relax and spend some time taking care of me." - Peter, Four A's Client

Welcome home, Peter



Donor Spotlight: Charlee Gribbon

Charlee Gribbon has been living and working in Juneau for the last 12 years. Charlee started with Bartlett Regional Hospital as a nurse in the Critical Care Unit (CCU) and Emergency Department (ED) and now works as an Infection Preventionist. Charlee saw many things during her time in the providing bedside care. One thing that struck Charlee was the high percentage of individuals who would routinely come to the ED seeking assistance for preventable infections, such as abscesses and bloodstream infections.

Charlee recognized the education gap that needed to be addressed and started talking to individuals about harm reduction practices. "The empowerment that education can provide is so powerful; if we can teach others to better protect themselves they are better off and likely to educate their peers. There are so many avenues that need to be addressed in solving the opioid epidemic but peer and patient education is definitely a good start."

Asked why she donates to Four A's, Charlee describes her belief that providing a foundation including harm reduction education provides people a sense of self-worth. It is vital it is to have a place for people to go and seek this information and see a caring face. "Four A's is so important to the Juneau community. I am proud to be a donor and volunteer at a place that treats everyone with the dignity and respect deserved by all people."



Prevention / Southeast



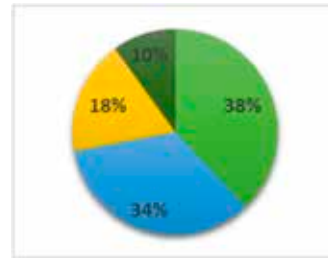
Jean was first seen at the community focused “Project Homeless Connect” event that took place in Juneau in January. She stopped at the Four A’s table and agreed to have an HIV test. A couple weeks later, Jean stopped into the Four A’s office. After her first visit to the office, Jean began coming on a regular basis. During one of her visits, Jean volunteered that she has been injecting drugs for 18 years. Jean continued to come to the office and during her short stops she often took flyers and other resource information including treatment options available in the Juneau community.

After repeated visits to the office, one day Jean came in and announced that the next day she was entering a drug treatment program at Rainforest Recovery. She had a big smile and was in genuine good spirits. When staff exclaimed how happy they were that she had made the decision to get treatment, she responded that coming to the syringe exchange had given her the courage to seek treatment. “When you said to me that the syringe exchange was a step to being safe and a way to stay healthy, I decided I was going to stop using drugs. I came to the syringe exchange because I wanted clean syringes. I got more than clean syringes. There was a feeling of acceptance here. I decided that I had to try taking a bigger step to get really healthy.” Staff was thrilled with Jean’s news and she was wished the best of luck with her forthcoming treatment.

Your support provides a place where people feel safe and respected. You made a difference in Jean’s life and you continue to make a difference in the lives of Alaskans, everyday.

How Your Gifts Are Being Used

- ◆ 38% Client Resources
- ◆ 34% Syringe Access Program
- ◆ 18% Prevention & Education
- ◆ 10% Area of Greatest Need



Thank you, Rachel!

On July 27th, Rachel concluded her year with Four A’s as part of the Jesuit Volunteer program. In her role as Client Services Specialist, Rachel provided clients with transportation to appointments and events, nutrition assistance, hosted social activities, and worked in the syringe access program.

Rachel sincerely enjoyed the one-on-one opportunities she had with clients who would often open up about their lives, struggles, and successes. Asked how she dealt with some of the harder stories, Rachel said she tried to focus on the positive and what she could do to help. “I try to remember that these clients are in a good place at Four A’s, there’s a whole team of people here to help them; it’s pretty cool to be part of that team.”

Rachel is now pursuing her graduate degree at Rutgers University. We wish her all the best!



Volunteer Rachel Swenarton & Lead Case Manager Melba Cooke

FASAP Gone Mobile!

Four A’s Syringe Access Program (FASAP) is on the road! Thanks to support from the Alaska Mental Health Trust Authority, Mat-Su Health Foundation, the Municipality of Anchorage, community members, and you, Four A’s began traveling to locations in Anchorage and the Mat-Su region on a new full-service mobile unit in July. The two HIV Harm Reduction Specialists onboard the mobile unit provide clean syringes and supplies, used syringe disposal, free HIV and Hepatitis C tests, Narcan kits, counseling and education, and resource materials five days a week at varying locations.

THANK YOU TO OUR DONORS!

March 2018—September 2018

Sorted by Number of Years Giving

CHAMPIONS (20-25+ years)

Anchorage Log Cabin Quilters
Broadway Cares
Credit Union 1
Donna & Edward Hyatt
Heather Davis
Jane & Norman Schlittler
Mari Jamieson
Mary Ann & Michael Lee
Melba Cooke
Pride Foundation
Providence Alaska Medical Center
Rick Miller & April Arnett
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Susan Orlansky & Jim Bouchard

GUARDIANS (15-19 years)

Lucy Peckham & John Osnes
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Middlecott Foundation
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Penny Cordes
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Thomas Williams & Roberto Lau Kant

AMBASSADORS (10-15 years)

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Michael Wardman & Dale Looman
Omer & Carol Carey
Richard & Connie McAffrey
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PARTNERS (1-5 years)

2 Friends Gallery
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Alaska Leather Inc.
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Anne Marie Moylan
April Wisebaker
Ashley Johnson
Barbara Pittman
Bill Wilks
Bob Vasquez
Casey Denny
Castle Megastore
Chris Terry & Bob Hancock
Cindie’s Boutique
Claire Geldhof
Clarice Chambers
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Danielle Dittmer, LPC
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ENSTAR
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Frank Bell
Greg Pittman
Heather & Leif Sawyer
HIV Testing Donations - Anchorage
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Indigo Tea Lounge
Jamez Terry
Jill Johnson
Jim & Mary MacIlmail
Jo Lamson & Kathy Dawson
John Woodbury
Jok Bondurant
Katherina Burrill
Kathleen McCoy
Katie Sevingy
Krista Schwarting
Kroger
Kyle & Liliana Griffiths
Larry Jones
Laura Herman
Laura Oden
Lawrence Woodall & David Gibson
Lee Harrington
Linda Isaac
Mark & Darcy Davis
Marty Osredker
Mary Ruebelmann
Mel Hilborn
Melissa Griffiths
Mexico In Alaska
Michael Kvasnicka & Ryan Hill
Middle Way Café
Municipal Employee Campaign
Nick Whitmore
Nicole Knox
Petra Davis
Pizza Man
Pure Romance
Raelynn Smith
Robert Orallo
Rod Gordon & Dennis Richardson
Ryan Webb
Shades of Opulence
Spnard Roadhouse

Tandy Leather
The Men’s Warehouse

FRIENDS (less than a year)

Abigail Saltonstall
Alaska Marine Conservation Council
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Alison Harpe
Allison Black
Allison Foust
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Amber Lankin
Andrew White
Angelena Stewart
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Colette Farmer
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Edna Towarak
Eileen Loftus
Elaine Snowden
Elizabeth Van Patten
Emily Green
Erich Scheunemann
Erin Laughlin
Firetap Alehouse & Restaurant
Gayle Schuth
Glenn Bafia
GonZO AK
Grant Arend
Grant Deussing
Gregory Tsebaute
Hayley Johnston
Hope Wing, ND
Iklim Goksel
Jackie Tanghe
James Hale
Jane Barnes
Jared Breyer
Jason Hodges
Jaydon Mitchell
Jean Sauget
Jeanette Alas

Jen Gordon
Jen Romch
Joleen Weaver
Juneau Teen Health Center
JW Fair
Kanclus Lee
Karl Schulte
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Kristen Carte & Bryan Pittman
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Marlee Mitchell
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Maureen Stage
McGivney’s Sports Bar & Grill
Meghan Burdick
Melissa Shein
Merry McGranahan
Michael Thomas & Shawn Weber
Monica Elkinton-Englund
Natalie Newman
Nellie Phillips
Nellie Weiss
Nika Snell
Owen Hutchinson
Pangea Restaurant & Lounge
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Philip Mehlbaum
Rachel Scandling
Rayetta Frison
Rich Mystrom
Robert Labbe
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A huge Thank You to ALL our donors for spreading joy to our programs.

* We are grateful to all our donors and do our best to maintain a thorough and accurate record of donations received. If you believe there has been an error or omission, please contact pdavis@alaskan aids.org or (907)263-2046.