

A Note from Juneau

Four A's Southeast HIV Prevention/Education specialist, Kay, makes certain every individual who visits the Juneau office feels seen and leaves with health resources in hand. Kay recently wrote in to share this note:

"Anne has been coming to the needle exchange regularly for about a year. During her short stops into the office Anne often took flyers and other information available, including treatment options. On one of her visits to the syringe exchange she announced that the next day she was entering a drug treatment program. She had a big smile and was in genuine good spirits. When I exclaimed how happy I was that she had decided to get treatment, she responded that coming to the needle exchange had given her the courage to seek treatment. "When you said to me that the syringe exchange was a step to being safe and a way to stay healthy, I decided I was going to stop using. I came to the syringe exchange because I wanted clean syringes; I got so much more. There is a feeling of acceptance here. I took your flyer and the bus out to Rainforest Recovery and I am going into treatment tomorrow." I wished Anne well and the best of luck with her forthcoming treatment."



Four A's staff, Kay, and Southeast Advisory Member, Curtis, at Four A's Annual Meeting

Thank you, Kay, and all of our Juneau supporters. You make a difference in the lives of our Southeast neighbors.



Our Mission: To support and empower people living with or affected by HIV/AIDS and to work toward the elimination of HIV infection and its stigma in all Alaskan communities.

Four A's Board of Directors

Kyle Griffiths | President
Hope McGratty | Vice President
Nick Whitmore | Treasurer
Viola Smith | Secretary
Candace Bell
David Butts
David Hannon
Melissa Griffiths
Rick Miller

Southeast Advisory Board

Claire Geldhof
Curtis Christensen
Melissa Griffiths
Owen Hutchinson

To make a secure online donation, visit:
www.AlaskanAIDS.org

Statewide Helpline
1-800-478-2437



Proud to be an Agency Member of
the United Way of Anchorage &
a recipient of UW of Southeast dollars.

Putting the Fun in Fundraising at Fetish Ball!

You made Fetish Ball a night we'll truly never forget! Thank you to everyone who joined us at Fetish Ball, 2019: Perverted Prom. From dancing the night away with Boogie Shoes to getting spanked at the infamous spanking bench, your participation at Fetish Ball raised over \$18,000 for the Four A's. All funds raised directly impact Alaskans living with and affected by HIV/AIDS. And for that, you will always be Prom Royalty to us!

A very special thank you to our incredible volunteers, who without, none of this could have happened. From our Peep Show and booth volunteers to our Stage Show performers and our volunteers that helped managed tickets sales and event happenings; we thank you.

Thank you all and we'll see you next year!!



It's All About Life

Spring 2019

Four A's is Growing!

Spring has certainly sprung at the Four A's! From wrapping up a successful Fetish Ball to finalizing renewals, Four A's has been buzzing with activity. In addition to business as usual, Four A's has welcomed six new staff members to the team.

The Case Management Department has grown by two; we are so fortunate to have Martina Diamond and Tami Wagner-Loomis working to provide compassionate, comprehensive care for Alaskans living with and affected by HIV/AIDS.

The Prevention Department has also grown adding long time volunteers Zane Davis and Byron Kim to the team. Thanks to the generosity of the Pride Foundation, Four A's was able to hire on a new position to assist with our increased LGBTQ+ outreach and education efforts. We are so glad to have Zane Davis filling this role. Byron will be manning the Four A's Mobile Health Unit and assisting with prevention and education efforts here in the office.

You'll also see a new face up front. Momoe Liaga supports the team doing all things admin as the new Administrative Assistant. In addition, Four A's is privileged to have Rachel Morse take on the Interim Executive Director position. Rachel comes from a wealth of non-profit leadership experience and is dedicated to seeing the Four A's through a smooth executive transition.



We are excited to share this news with you and invite you to swing by and say hello to our growing team!

Four A's staff member, Zane Davis, conducts a routine HIV test at the inaugural Trans Alaska Summit hosted by Transgender Leadership Alaska

Dine Out. End HIV.

Dining Out For Life (DOFL) takes place Thursday, April 25th

On Thursday, April 25th, join Four A's at partnering restaurants across Alaska to make your meal meaningful! Four A's is looking forward to hosting its fifth rendition of Dining Out For Life. Over the years, Dining Out For Life has raised over \$55,000 for the Four A's. Every dollar raised directly impacts Four A's efforts to provide care and support for Alaskans living with HIV, and to prevent the spread of the HIV infection and its stigma across all Alaskan communities.

This event is only made possible by the generous partnership of our restaurants and your enthusiastic participation. Join us in thanking our generous partners by patroning these restaurants on, April 25th, and all year round!

Thursday, April 25th, please join Four A's and treat yourself to a meal that makes a difference!



PIZZA MAN
EAGLE RIVER, ALASKA

A Positive Turn



When Andy first arrived at the hospital he wasn't too worried. He just felt off. Without much concern, doctors would assume that he had caught a nasty case of the flu, and send him on his way. But he didn't get better. Finally, weeks later, Andy went back to the hospital and requested that a full work up be done. Just hours later Andy sat in a small hospital room, alone, struggling to comprehend his results. Andy would be officially diagnosed HIV positive in the spring of 2012.

Andy would soon find out that he was infected by a boyfriend who did not disclose his status. Devastated, Andy would later remark that this felt like one of the most significant cases of broken trust in his life. Over the next few years Andy struggled to maintain his HIV medication regimen, battled with substance misuse and retreated from all social support. It wasn't until Andy landed in the hospital again that he realized something needed to change.

Upon his release and with a new fervor for life, Andy and his Case Manager set on a plan. Andy was connected with a local HIV Advocacy group. With the support of the group and the Four A's he began to feel empowered in sharing his story. Today, Andy maintains regular speaking engagements sharing his story and speaking on what we all can do to combat new HIV infections and the stigma this disease still carries. Today, Andy has an undetectable viral load and says he feels healthier than ever!

Andy says his new goal is to be a peer mentor for any person walking through a new HIV diagnosis. "A Case Manager is so important, but to have someone that knows, someone that can say, I've been thought this, and I'm here with you, I think that would make a big difference. I hope someday I make a big difference." - Andy, Four A's HIV Care Client

We know Andy is already making a big difference, and so are you. Thanks to your support, Andy shares his story proudly, knowing there is a community of supporters making a difference in the lives of others, every day.

Know Your Status!

Alaska is experiencing one of the worst outbreaks of sexually transmitted infections in decades. The Four A's is working to combat new infections by partnering with the Anchorage Health Department and Identity Inc. to offer free, convenient, confidential, HIV/STD testing. Make sure to keep a close watch of Four A's Facebook page to find out about upcoming testing events near you. Knowing your status is self care for you and your partner!

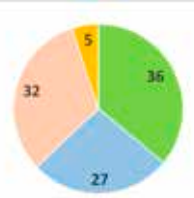


@AlaskanAIDS



How Your Gifts Are Being Used

- ◆ 36% Client Resources
- ◆ 27% Prevention & Education
- ◆ 32% Four A's Syringe Access Program & Mobile Unit
- ◆ 5% Area of Greatest Need



Executive Director's Note:

Dear Four A's Community,

It's been a privilege to get to know the crew at Alaskan AIDS Assistance Association since starting as your Interim Executive Director on March 21st. From the Board of Directors, to the staff, to the clients we serve, this is a community that is definitely "all about life". We express this in our warm and welcoming office space, our Friday client lunches, amazing community events and even our regular meetings of staff, committees and the Board of Directors.

As we prepare to do a formal and thorough search for the next Four A's Executive Director, I'll be here to support the work around our mission. I'm looking forward to a great Dining Out For Life, more adventures for our mobile exchange and securing additional support for client services.

Thank you,
Rachel

Mobile Moments

Since January 1, 2019 Four A's has provided:
527 Narcan Kits
320 HIV Rapid Tests
255 HCV Rapid Tests
Distributed 267,401 Sterile Syringes
Disposed 268,060 Used Syringes

Your support of this essential community program allows Four A's to compassionately serve some of our most vulnerable neighbors. Without you, these notes of thanks would never be heard:

"It has made such a difference to me to have you all here. I can't get to Anchorage and to be able to get clean needles regularly, to be able to talk to someone, well, it's just made a life changing difference. Your program is helping me and so many others stay healthy and stay alive, thank you."

Wasilla, Alaska Four A's Syringe Access patron

Thank you for your continued support of Four A's Syringe Access Program.

THANK YOU, DONORS!

November 2018—March 2019 Donations
Sorted by number of years giving

VISIONARIES (Over 25 years)

Corbett Mothe
Dan Seiser & Mark Bell
Drs. Robert & Joan Bundtzen
Sylvia Short

CHAMPIONS (20-25 years)

Anchorage Log Cabin Quilters
Barbara Karl
Cara, Davin and Ruari O'Brien-Holen
Carolyn Foust Stiles
Credit Union 1
Dean Nelson & Rhonda Roberts
Donna & Edward Hyatt
Gail & Jan Sieberts
Heather Davis
Laurie Gregory & Griffith Steiner
Mary Ann & Michael Lee
Melba Cooke
Pride Foundation
Providence Alaska Medical Center
Rick Miller & April Arnett*
Robin Figueroa
Susan Orlansky & Jim Bouchard

GUARDIANS (15-19 years)

Alison Brandt & Fred Dunlap
Bell's Nursery
Christopher J. Taylor
Deborah Nance
Don Kinecki
Louise Driscoll
Mad Myrna's
Mariben O'Brien
Marsha Burns & Lynn Highland
Middlecott Foundation
Nordstrom Cares
Penny Cordes
Peter & Jo Michalski
Rasmuson Foundation
Susan Williams

AMBASSADORS (10-15 years)

Alan Schuyler
Anita & Clair Dalton
Brenda Davis
Candace Bell*
Catherine Smith & Suzanna Marshall
Charles Hamilton
James Fall
KPMG
Marie Matsuno-Nash
Owen & Jean Carey
Paul & Jacqueline Frederickson
Peg Faithful & Bob Hume
Robert & Leslie Baker
Teddy & Cindy Michel
United Way of Anchorage
United Way of SE Alaska

LEADERS (5-10 years)

Alaska Advanced Dentistry
Angela Dunn
Brian Chen & Timothy Pearson
Comer Family Foundation
Diane Timberlake
Dianne Bigge
Dr. James & Teresa Carns
Duane Miller & Linda McAlister
Great Land Infusion Pharmacy
Greg & Kelley Hartlieb
Gregory Johnson
Heather & Josh Harris
Hugh Brown, III
Katie Bisson & Tyler Robinson
Kroger
Linda Kumin
Marc & Susan June
Michael Mraz
Nick Whitmore*
Omer & Carol Carey
Patricia Partnow
Scott & Kathleen Griffith
Sonya Harris & Andrew Johnson
Tricia Cushman

PARTNERS (1-5 years)

2 Friends Gallery
Aisha & David Barnes
Alaska Leather Inc.
Albert Fogle & Austin Fernandez
Annette Hewitt
ASD Charitable Giving Campaign
Bryan & Amy Anderson
Cheeky Chic Designs
Chris Terry & Bob Hancock
Cindie's Boutique
Drs. Michael & Laurie Bleicher
Edward & Nina Yakely
Erik & Robin Hill
FASAP Donations - Anchorage
FASAP Donations - Juneau
F.R. Bell and Associates
Frank Bell
George Donart
HIV Testing Donations - Anchorage
Hope McGratty & Tyler Jones*
Hugh Wade
Jamez Terry
Jenny Dawson
Jenny Naylor Kimball
John Pepe
Josh Hemsath
Karl & Michele Wilhelmi
Katharina & Michael Jensen
Kathy Klos
Kent Richard Hoffman Foundation
Kevin Bergsrud
Krista Schwarting
Kristin Lanz

Laura Herman
Larry Jones
Laura Oden
Linda Isaac
Lucky Lady Bar
Mara Carnahan
Mary Ruebelmann
Mat-Su Health Foundation
Middle Way Café
Municipal Employee Campaign
Patricia Petrivelli
Paul Topol
Peggy & Clayton Davis
Petra Davis
Phyllis Rude
Pure Romance
Rachel Gearhart
Rod Gordon & Dennis Richardson
Ryan Webb*
Shades of Opulence
Spenard Roadhouse
Stallard Family Fund of the YCF
Sacramento Region
Tandy Leather
The Men's Warehouse
The Rendezvous & The Rockwell
UAA Charitable Giving Campaign

FRIENDS (less than a year)

Arctic Allure
Caitlin Riley
Courtney Westra
Daniel Gibney
Debra Mayo-Kelley & John Kelley
Dey Zamborsky
J & J Cleaning LLC
John Mraz
Juneau Emergency Medical Associates
Kate Hanson
Laura Zamborsky
Lisa Rickey
Robert Lynch
Sarah McComish
Saralyn Tabachnick
Tiana Rutherford
Tonia Verzone
Viking Lounge

IN MEMORY OF

David Hyatt
Frank L. Foust
Jim Williams & Guy Bassett
Mike Bergsrud
Steve Petrivelli

IN HONOR OF

Dr. Michael Mraz

Thank you for your generous support of the Four A's. You make it possible!

Members of the Four A's Board of Directors*