

Meet Four A's New Staff!

Shaina Clemens - Director of Development. Passionate about serving Alaskans, Shaina is thrilled to be working with Four A's and to be a part of supporting our community.

Arianne Kelsey—ADAP Manager. Arianne joins our team with a comprehensive background in insurance. She is excited provide the support and education to clients to boost their confidence in navigating the complicated world of insurance.

Cory Crowder - Case Manager. Cory is a known name to Four A's. He has served on the board in past years and participated in fundraisers. His extensive social services background makes him an excellent case manager working with the Four A's population

Adrienne Beans - Case Manager. Adrienne has a strong background in Mental Health and working with individuals who experience substance abuse issues. She has great passion for our community.

16 Years and Counting

Angela Dunn is Four A's longest serving and only bi-lingual Case Manager. Joining Four A's in early 2004, Angela started out solely serving Spanish-speaking clients, opening the possibility of providing quality service to many clients that previously relied on external translators. Today, 16 years down the road, she serves over 50 clients, expanding her caseload from solely Spanish-speaking clients to all who need her support.

"I have stayed at Four A's for so long because I truly love what I do. I am passionate about helping my clients and improving their quality of life" says Angela. Her passion does not go unnoticed. After 16 years of serving those living with and affected by HIV/AIDS, Angela has built a reputation for herself as a Case Manager that will go the extra mile for her clients. From translating at every medical appointment to holding the hands of clients in their last moments, Angela pours her heart into providing care.

As COVID-19 has entered our community bringing a slew of new obstacles for clients and the community alike, Angela has not skipped a beat. Every day, Angela focuses on connecting with her clients over the phone to battle feelings of isolation, works with homeless clients to secure housing, and continues to connect clients to the medical services they need. "My clients hear from me so often that none of them are really asking about when the office will open again" Angela states. This is a true testament to Angela's ability to support her clients, even in a global pandemic.

The Four A's is incredibly grateful to Angela for her 16 years of passion and support to our clients. It is because of Case Managers like Angela that Four A's is the leading provider of HIV/AIDS services in Alaska and will continue to be until the joyful day those services are no longer needed. Thank you, Angela!



Our Mission: To support and empower people living with or affected by HIV/AIDS and to work toward the elimination of HIV infection and its stigma in all Alaskan communities.

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“Everyone is fantastic and my life has improved a lot having Four A’s through this journey. This means a lot to me with my condition” - Four A’s Client

Fall has arrived and there is still no end in sight for this global pandemic. Since March, Four A’s has been working tirelessly to meet the increasing demand for our services and adapting to COVID-19 continues to be a creative process for our Client Services, Syringe Access and Prevention Programs. Case managers reach out to clients daily to battle feelings of isolation, assess needs and provide support.

Clients Services since March:

300 food boxes have been delivered. Case managers deliver food boxes weekly.

33 homeless clients requiring emergency services have been placed into hotels.

36 households remain stable due to rent, mortgage and utilities assistance.

15 clients were found permanent housing.

250 clients have been served statewide.

Client Services continues to see an increase in the need for food, housing, emergency housing and meaningful connection with others.

“If I didn’t receive Four A’s assistance, I wouldn’t be here.” - Four A’s Client

Prevention continues to adapt and serve our clients in creative ways. Four A’s Syringe Access Program (FASAP) is currently operating 14.5 hours per week out of the Mobile Health Unit in Anchorage and Mat Su, offering crucial prevention and harm reduction services. Juneau is offering FASAP services 4 hours a week.

Prevention Services since March:

363,100 sterile syringes distributed

281,724 used syringes disposed (Juneau’s syringe return rate has grown to 85%)

Four A’s Syringe Access Program (FASAP) has seen a steady increase in new clients each week. Due to COVID, in-office HIV/HCV testing has not been permitted, however, Four A’s has purchased OraQuick In-Home Rapid HIV Test Kits and are distributing them through the Mobile Health Unit.

Moments of Joy

“When I lost my job, I thought I was going to lose everything along with it. I didn't know how I was going to pay my rent or buy food. Four A’s stepped up for me. They made sure I didn't lose my apartment and they deliver food to me weekly. Now I am able to focus on finding a job.”- Four A’s Client

Just as the pandemic hit Alaska in April, two clients came to Four A’s requiring additional medical care. Four A’s was able to provide the life-saving supports needed to keep both clients in assisted living, maintain sobriety and receive quality care during recovery. One client will continue to need care for the rest of their life. The other client is working hard towards independent living and is engaging in life with joy, reconnecting with estranged family and looking towards the future.

Four A’s received a call from man who was concerned that he had been exposed to HIV while on a trip. Panicking, he explained that he has a good life, has been married for 30 years, works a good job and has a son in medical school. To him, the thought of testing positive was all-consuming. One of our FASAP staff was able to meet with him the following day and walk him through an at-home HIV test inside the Mobile Unit. His test came back negative and he was beyond grateful to Four A’s and the work we do supporting those living with HIV and providing services to folks like him to help prevent the spread.

We are so proud of the resilience and determination our clients show every day. Living with HIV in the midst of a global pandemic brings many more challenges to our clients, yet they are working toward success regardless.